



TRICARE[®]

Your Military Health Plan

Enhanced Access to Autism Services Demonstration



Updated November 2011

Today's Agenda

- Today, we will discuss the Enhanced Access to Autism Services Demonstration (Demonstration) including:
 - Details of the Demonstration
 - Who may qualify
 - How to register
- To be eligible for the Demonstration, your dependent must be registered in TRICARE's Extended Care Health Option (ECHO) program. During our presentation we will discuss:
 - Details of the ECHO program
 - Who may qualify
 - How to register
- We will also provide important contact information.



Extended Care Health Option (ECHO)

- To be eligible for the Demonstration, an active duty family member (ADFM) must be registered in ECHO.
- ECHO is a program that provides financial assistance for ADFMs with specific qualifying mental or physical conditions.
- Eligible beneficiaries include:
 - ADFMs, including family members of National Guard and Reserve members activated for more than 30 days
 - Family members eligible for continued TRICARE coverage through the Transitional Assistance Management Program
 - Children or spouses of former service members who were victims of physical or emotional abuse
 - Transitional survivors



Qualifying for ECHO

- There is no enrollment fee for ECHO, however eligible family members must:
 - Have an ECHO-qualifying condition
 - Enroll in the Exceptional Family Member Program (EFMP)
 - Register in ECHO through ECHO case managers in each TRICARE region



Qualifying for ECHO

- ECHO-qualifying conditions include:
 - Serious physical disability
 - Mental retardation
 - Extraordinary physical or psychological condition, including infants or toddlers diagnosed with a condition expected to result in mental retardation or serious physical disability
 - Multiple disabilities
 - Autism Spectrum Disorders (ASDs)



Enhanced Access to Autism Services Demonstration (Demonstration)

- Provides TRICARE reimbursement for Educational Interventions for Autism Spectrum Disorders (EIAs) for ECHO-registered beneficiaries
 - ASDs affect behaviors such as social interaction, the ability to communicate ideas and feelings, imagination, and establishing relationships with others.
 - EIAs are treatments designed to improve behaviors affected by ASDs.
- Allows beneficiaries to have access to a greater range of these existing, evidence-based educational intervention services through an expanded network of EIA specialists
- Currently, the Demonstration is only available in the 50 United States and the District of Columbia.



Eligibility

- The Demonstration is available to beneficiaries age 18 months and older who are enrolled in the EFMP and registered in ECHO.
- Beneficiaries must be diagnosed with one of the following:
 - Autistic disorder
 - Childhood disintegrative disorder
 - Asperger's syndrome
 - Pervasive developmental disorder not otherwise specified

Note: If diagnosed before this Demonstration began (*March 15, 2008*), dependents do not need to be re-diagnosed.

- Contact your regional contractor for more information.



Covered EIA Services

- The Demonstration covers EIA services that:
 - Implement basic principles of applied behavior analysis
 - Focus on changing the child's behavior
 - Identify functional relationships between environmental events and behavior
 - Track progress in reaching objectives identified in the behavior plan and periodically modify the plan
 - Incorporate parent education
 - Require meetings between family members/caregivers and those designing and implementing the intervention program



ECHO Costs

- The only costs associated with the Demonstration are monthly ECHO cost-shares. Active duty sponsors pay a cost-share that is based on their pay grade and is separate from other TRICARE program cost-shares.

Sponsor's Pay Grade	Monthly Cost-Share
E-1 to E-5	\$25
E-6	\$30
E-7, O-1	\$35
E-8, O-2	\$40
E-9, WO/WO-1, CWO-2, O-3	\$45
CWO-3, CWO-4, O-4	\$50
CWO-5, O-5	\$65
O-6	\$75
O-7	\$100
O-8	\$150
O-9	\$200
O-10	\$250



ECHO Costs (*continued*)

- The monthly cost-share is one fee per sponsor, not per ECHO beneficiary.
- The maximum government cost-share is \$36,000 per beneficiary, per fiscal year (FY) (*October 1–September 30*). Sponsors are responsible for the cost of ECHO benefits that exceed this limit.

Note: The ECHO Home Health Care benefit is **not** subject to the \$36,000 per FY maximum government cost-share. The sponsor's cost-share does not count toward the annual catastrophic cap. ECHO costs cannot be shared between family members.



For Information and Assistance

Stateside Regional Contractors

TRICARE North Region

Health Net Federal Services, LLC
1-877-TRICARE (1-877-874-2273)
www.hnfs.com

TRICARE South Region

Humana Military Healthcare Services, Inc.
1-800-444-5445
www.humana-military.com

TRICARE West Region

TriWest Healthcare Alliance
ECHO Information and Referral Line
1-866-212-0442
www.triwest.com/echo

General Contact Information

TRICARE Web site: www.tricare.mil
Contacts: www.tricare.mil/contacts
Military Medical Support Office:
www.tricare.mil/tma/mmso

Overseas Regional Contractor

International SOS Assistance, Inc.

Eurasia-Africa:

+44-20-8762-8384 (*overseas*)
1-877-678-1207 (*stateside*)

Latin America and Canada:

+1-215-942-8393 (*overseas*)
1-877-451-8659 (*stateside*)

Pacific:

Singapore: +65-6339-2676 (*overseas*)
1-877-678-1208 (*stateside*)
Sydney: +61-2-9273-2710 (*overseas*)
1-877-678-1209 (*stateside*)

Web site: www.tricare-overseas.com

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www.tricare.mil/mediacenter

